



AMERICAN LEGION OF SOUTHWEST FLORIDA POST 90, Inc.

1401 Southeast 47th Street, • Cape Coral, Florida 33904 • 239.540.8128

February 13, 2026

American Legion Department of Florida
Attn: Adjutant Bruce Comer
1912 A Lee Road
Orlando, Florida 32854

Re: District 13 Commander Endorsement of Laurene Allen-Flower

At the regularly scheduled General Membership Meeting of American Legion Post 90 of Cape Coral, Florida held on January 26, 2026, the General Membership assembled and voted unanimously to endorse Laurene Allen-Flower (member #205588732) as a candidate for the High Office of District 13 Commander, Department of Florida for the 2026-2027 administrative year.

Ms. Allen-Flower earned her eligibility for membership in the American Legion by enlisting in the U.S. Air Force and serving from 1985 to 1986. She has been a member of the American Legion for eight years and a member of Post 90 for four years. She is a member of the Auxiliary Unit 90 and Riders Chapter 90.

Currently she is District 13's Commander and was appointed the Southwest Area Oratorical chair for 2023-2024 and remains the Chair for 2025-2026. Ms. Allen-Flower is a member of Post 90's Executive Committee and has been the Secretary of Chapter 90 Riders for three years.

Ms. Allen-Flowers has attended numerous seminars and classes at the Florida Department conventions, fall conferences and Riders summits. She is furthering her knowledge of The American Legion and its multitude of programs by successfully completing the American Legion Basic Training, and plans on attending the American Legion College in 2027.

It is with great pleasure and honor for Post 90 to endorse Laurene Allen-Flower for the High Office of Commander for District 13, Department of Florida, for the 2026-2027 administrative year.

For God and Country.

Lisa Arnold, Commander, Post 90

John Baker, Adjutant, Post 90

Cc/ Laurene Allen-Flower, Commander, District 13